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#### A Letter from

# Our Foundation Leadership

In 1964, the Glenrose Rehabilitation Hospital opened its doors with a mission that remains unchanged: building abilities for life. While that foundation has held steady, what surrounds it has transformed. Treatments have advanced. Technologies have emerged. And what was once unimaginable has become part of everyday care.

As the largest specialized rehabilitation and research hospital in western Canada, and the only one of its kind in Alberta, the Glenrose is uniquely positioned to support individuals of all ages facing some of life's most complex challenges – from brain and spinal cord injury to developmental conditions and amputation.

This past year brought both achievement and challenge. Amidst uncertainty in the health system and broader economic environment, the Foundation recorded its second-best fundraising year on record, following last year's all-time high. Thanks to you, our donors and partners, we provided \$2.7 million in funding to hospital priorities – the largest single-year investment the Foundation has ever made in the Glenrose. These funds supported needs across the hospital, including the creation of Alberta's first Research Chair in Neurorehabilitation and a \$1 million matched commitment from Alberta Innovates to expand access to care for patients in rural communities.

We are undeterred by the uncertainty around us, as our commitment remains clear. The Foundation will continue to ensure the Glenrose is equipped with the resources required to remain Alberta's preeminent specialized rehabilitation hospital, while also scaling up our clinical research platform and accelerating the adoption of innovative technologies. Thanks to your generosity, we not only have the stability to meet urgent needs today, but also the confidence to pursue big aspirations for tomorrow.

The progress we celebrate today, and the future we are building together, are only possible because of you.





Mark Korthuis | President & CEO



Justin Riemer | Board Chair

### A Letter from

# Our Hospital Leadership

On behalf of the team at the Glenrose Rehabilitation Hospital – our dedicated staff, clinicians, and leadership – thank you for your continued support.

For all of us here at the Glenrose, this year marked a very significant milestone, our sixtieth anniversary. Since our humble beginnings in 1964 to now, the Glenrose has evolved into one of Canada's most specialized rehabilitation hospitals, a place where expertise meets compassionate care, and where patients and families come to rediscover their 'possible'.

Over the past year alone, we've welcomed more than 65,000 patients and their loved ones, many of whom have turned to the Glenrose during some of life's most difficult moments. Whether facing life-altering diagnosis, complex chronic pediatric conditions, or traumatic injuries, your generosity helps us rise to these moments with the very best – the best in care, technology, equipment, and research.

And even with today's best at hand, we are still constantly evolving to meet the changing needs of the patients and families we serve, and the landscape around us.

From therapies that support faster recovery, to equipment and tools that allow for more precise and personalized care, to technologies that are improving outcomes both today and into the future – your support helps us make all of this, and more, possible.

Thank you for supporting the Glenrose Rehabilitation Hospital; we are grateful to have you on this journey with us.



**Lynette Lutes**Senior Operating Officer



**Dr. Chester Ho**Facility Medical Director

Lynette Jutes

**Lynette Lutes** 

Dr. Chester Ho

# Land Acknowledgement

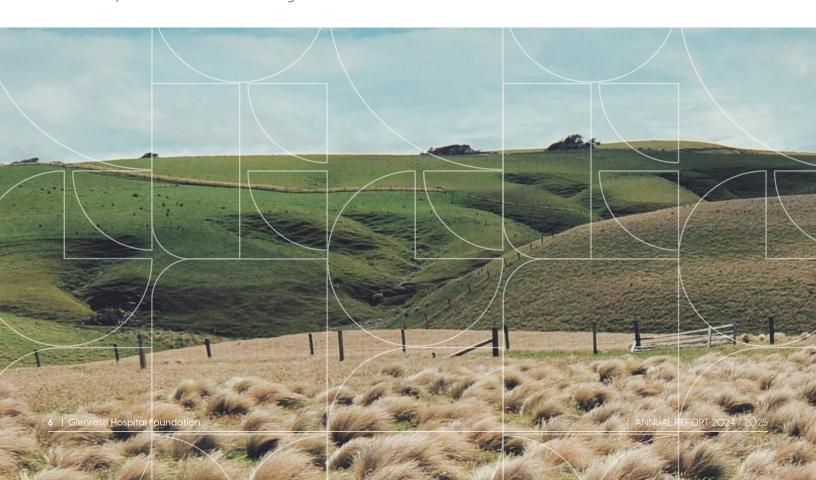
The Glenrose Hospital Foundation respectfully acknowledges that the land on which we operate is Treaty 6 territory, the traditional gathering place of the Cree, Dene, Blackfoot, Saulteaux, Nakota Sioux, and Métis peoples. We recognize and honour the enduring presence and contributions of Indigenous peoples to this land.

We acknowledge the legacy of Indian Hospitals and the discrimination Indigenous peoples have faced in accessing care here in Edmonton and across Canada. These injustices have created barriers to culturally sensitive care, led to disparities in health outcomes, and contributed to a lack of trust in the healthcare system. We recognize the need for ongoing efforts toward reconciliation and, in partnership with the Glenrose Rehabilitation Hospital, we support their work to ensure equitable access to care.

We also acknowledge the healing power of the land itself. Indigenous peoples have long understood the medicinal properties of plants and the importance of connecting with the natural world. We honour this wisdom and commit to supporting culturally sensitive healing practices.

At the Glenrose Hospital Foundation, we proudly partner with the Glenrose Rehabilitation Hospital to advance its mission through fundraising and advocacy. We commit to fostering a spirit of collaboration, respect, and understanding with Indigenous communities.

We are grateful for the opportunity to learn from and work alongside Indigenous communities as we strive for equitable healthcare and a brighter future for all.



### **Board of Trustees**



From left to right, top row: Adam Sweet, Maureen Lomas, Katherine Huising, Dr. Chester Ho, Randy Duguay, Farid Foroud; bottom row: Carol Chawrun, Mark Korthuis, Justin Riemer, Lynette Lutes, Wendy Gerber; not pictured: Candice Paton, Rajesh Ramakrishnan, Karen Wichuk.

Chair, Justin Riemer

Trustee, Carol Chawrun

Trustee, Randy Duguay

Trustee, Farid Foroud

Trustee, Wendy Gerber

Trustee, Katherine Huising

Trustee, Maureen Lomas

Trustee, Candice Paton

Trustee, Rajesh Ramakrishnan

Trustee, Adam Sweet

Trustee, Karen Wichuk

GRH Representative, Dr. Chester Ho

GRH Representative, Lynette Lutes



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# At the Glenrose We Celebrate Courage



In partnership with the Glenrose Rehabilitation Hospital, this year's Courage Awards continued the proud tradition of celebrating Glenrose patients and caregivers for their remarkable strength and perseverance throughout their rehabilitation journeys.

Marking its 19<sup>th</sup> year, the event also paid tribute to two distinguished community members whose contributions have made a lasting impact on the Glenrose and the broader community.

We are grateful to our Courage Awards sponsors, James H. Brown Injury Lawyers and Global News Edmonton, for their generous support.

# **Impact Award**

RECIPIENT

### **Lindsay Kelly**

Lindsay's life is full of stories of resilience, advocacy, and service. Her first experience with the Glenrose came in 1972, when she recovered from a spinal cord injury. Decades later, when an unexpected health crisis while vacationing led to months of hospitalization and the loss of her arm, Lindsay once again turned to the Glenrose for rehabilitation.

Through a distinguished career in both the public and private sectors and countless volunteer roles supporting causes from mental health to housing to women's advocacy, Lindsay has left a lasting mark on her community. Today, while she still faces significant health challenges, she continues to inspire with her determination and commitment to giving back.



We are proud to honour Lindsay as the **2024 IMPACT AWARD** recipient in recognition of her dedication to her community.



# **Legacy Award**

**RECIPIENT** 

### Patrick John de Grace

After a stroke in 2020 left him with severe paralysis, Pat de Grace began his rehabilitation journey at the Glenrose. With the determination and support of his care team, Pat discovered adaptive cycling and soon became a passionate participant in the Foundation's annual Courage Ride, riding in both 2022 and 2023.

Pat's resilience and advocacy not only inspired others, it reflected his commitment to his own recovery and to advancing rehabilitation care in the community. Following his passing in June 2O24, his wife Laurie, along with friends and family, honoured his legacy by riding in his memory at the Courage Ride.

We are proud to recognize Pat posthumously with the **2024 LEGACY AWARD** for his dedication to the Glenrose and the Courage Ride – a legacy of courage and community.

# Igniting Curiosity at the Courage Gala

The Foundation's signature fundraising event, the Courage Gala, returned on April 11, welcoming nearly 500 guests to the Edmonton Convention Centre.

Presented by Qualico, the evening highlighted the power of curiosity to spark big ideas and drive remarkable advancements in rehabilitation healthcare.

The 2024 event raised over \$400,000 to advance comprehensive, world-class rehabilitation services, helping to transform patient care through leading research, equipment, and technology.

Throughout the evening, guests were inspired by moving stories from Glenrose families, past and present, and a keynote address by Dr. Patrick Pilarski, nationally recognized leader in artificial intelligence, assistive robotics, and rehabilitation technology.





# **Patient Story**

### **Brittany Blommaert**



Former Glenrose patient, Brittany Blommaert, performs at the 2024 Courage Gala.

At just five and a half months old, Brittany's life changed when she contracted bacterial meningitis in a city-wide outbreak. While the illness led to multiple, serious health complications, including amputation of her right arm and foot, and several fingers and toes, it did not take away her determination.

From her very first prosthetic at 16 months, Brittany grew up with the Glenrose by her side. She attended the Pediatric Limb Difference Clinic, spent hours in the Gait Lab, and built lasting relationships with her therapists. For Brittany, the Glenrose was more than just a hospital, it was a place where she felt understood, safe, and supported.

While her medical journey was filled with challenges, Brittany found joy and confidence through her love of music. She pursued years of musical theatre and classical opera training, all with the support of her Glenrose family. Today, Brittany is a gifted performer who continues to inspire others with her story.

We were honoured to have her join us at the 2024 Courage Gala, where she shared her story and voice with guests.

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# **The Courage Ride**

# Pedaling Toward the Future of Rehabilitation

The 9<sup>th</sup> annual Courage Ride at Pigeon Lake was a record-setting success, raising over \$100,000 in support of the Glenrose.

On September 7, over 16O riders of all levels – from beginner to avid – completed the 6O km ride around the lake, enjoying an afternoon filled with cycling, connection, and community spirit.

This year's event was made especially meaningful with the addition of the Russ Walker Riders, a commemorative team honouring former Glenrose nurse, Russ Walker. Led by his wife, Maria, the team of family, friends, and colleagues rode in celebration of Russ' life, legacy, and remarkable impact he made over his two decades of service at the Glenrose.

We are grateful for the continued support of our sponsors, including presenting sponsor, Bayshore Home Health, along with Dentons, Mud Sweat & Gears, Original Joes and many others who helped make this milestone year possible.



## **Partner Spotlight:**

### James H. Brown **Injury Lawyers**

For over 30 years, James H. Brown Injury Lawvers has been a trusted advocate for Albertans, guided by the values of compassion, integrity, and a simple yet powerful mission: Helping People, Changing Lives.

This philosophy extends far beyond their work in the courtroom, shaping their commitment to the communities they serve.

Community involvement is at the very heart of their identity. From supporting youth sports to healthcare initiatives and local charities, they focus on programs that strengthen families, build resilience, and create opportunities for future generations.

Their partnership with the Glenrose Hospital Foundation, which began in 2008, is a shining example of this commitment. Inspired by the Glenrose's dedication to helping Albertans regain independence after life-changing injuries or illnesses, their support reflects a shared vision to build a community where people can recover, adapt, and thrive.

For many on their team, the Glenrose is more than a partner – it's part of their story. Many staff members and their families have experienced the care and expertise of the hospital firsthand, making this partnership deeply meaningful.

At James H. Brown, we know that recovery is about more than just getting better physically – it's about restoring people's hope and their future. The Glenrose embodies that mission every day, and we're proud to stand with them.

- Trent Brown, owner of James H. Brown Injury Lawyers.



Trent Brown (left), Erin Lightning-Brown (right), along with their family, present a cheque to the Glenrose Hospital Foundation.

We extend our heartfelt thanks to Trent Brown and the entire team at James H. Brown Injury Lawyers for their ongoing support, and for making a real difference in the lives of the patients and families we serve.

# U of A BLINC Lab Shines on the World Stage

Supported by the Glenrose Hospital Foundation at the Cybathlon.

In October 2024, the University of Alberta's BLINC (Bionic Limbs for Improved Natural Control) Lab represented Edmonton, and Canada, at the 2024 Cybathlon – an international competition that challenges teams world-wide to develop assistive technologies suitable for everyday use for persons with disabilities.

With support from the Glenrose Hospital Foundation, the BLINCdev team competed in the upper-limb prosthesis ARM race, where their pilot, Chris Neilson, who has a transhumeral or above-the-elbow amputation, put the lab's Bento Arm technology to test. From picking up and carrying weighted items to stacking objects and even hanging laundry, Chris demonstrated the real-world potential of new-age prosthetic devices.

The lab proudly placed 8th – the only North American team to compete and qualify in the ARM race – among competitors from France, China, Italy, and others.

For the Foundation, the lab's success represents a shared commitment to embedding research into patient care, with the Bento Arm already being used in the Glenrose's prosthetic training programs.

BLINC Lab co-leads, Dr. Jacqueline Hebert, physiatrist and research affiliate at the Glenrose, and Dr. Patrick Pilarski, also a research affiliate at the Glenrose, continue to advance this work.

The Foundation is proud to support their efforts in bringing globally recognized technologies home to Albertans.







BLINCDev team, including pilot Chris Neilson, compete at the 2024 Cybathlon in the ARM race.

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# Introducing the Patient and Family Advisory Council (PFAC)

Launched in 2024, the Glenrose Rehabilitation Hospital Patient and Family Advisory Council (PFAC) brings together a diverse group of patient and family members who have lived experience navigating the Glenrose.

These dedicated advisors generously volunteer their time to enhance the quality, safety, and effectiveness of care – ensuring that the patient, family, and caregiver perspective is at the heart of hospital decision making.

From shaping education resources for patients, family, and staff, to advising on program improvements, policy updates, or even capital projects and facility enhancements, PFAC provides healthcare teams with valuable, thoughtful feedback that directly informs how care is delivered.

The Foundation is proud to support PFAC in its work, helping ensure the voices of patients and families remain central to the hospital's growth.



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# Transforming Care Through a Health Data Partnership

The Glenrose Hospital Foundation and Networked Health (formerly the Alberta Virtual Care Coordinating Body) have formed an exciting new partnership that is reshaping how health innovation is supported and health data designed and shared in Alberta.

Launched during the pandemic to coordinate virtual care, the initiative has since evolved into an effort to improve health data quality and interoperability across the continuum of care.

Health data interoperability, or the ability for the health system to "speak the same language" by sharing patient records, visit history, and specialist consults across systems, represents the next step in advancing healthcare and improving the way health services are shared and delivered. "The next era of healthcare will be defined by connectivity – connecting patients to care, connecting data to decision-makers, and connecting innovators to real-world needs," says Mark Korthuis, President & CEO of the Glenrose Hospital Foundation.



The next era of healthcare will be defined by connectivity – connecting patients to care, connecting data to decisionmakers, and connecting innovators to real-world needs.

 Mark Korthuis, President & CEO of the Glenrose Hospital Foundation



By working together, we are aligning strengths to transform how care is delivered across Alberta.

– Dr. Ewan Affleck, Chair of

Networked Health - Alberta



The partnership operates under a collective impact model. Networked Health brings together health authorities, professional colleges, patient advocates, the government, and innovators to identify challenges and propose solutions. The Foundation strengthens this work by providing resources and fundraising support to ensure long-term impact.

"This partnership exemplifies a new way of driving healthcare innovation – one where collaboration and shared purpose guide system-wide improvement," says Dr. Ewan Affleck, Chair of Networked Health - Alberta. "By working together, we are aligning strengths to transform how care is delivered across Alberta."

Already, the impact is visible through progress in data interoperability, enhanced partnerships, growth of the network to other provinces, and stronger advocacy for changes to health data policy. The partnership represents how a charitable foundation can extend its reach beyond the hospital walls – impacting rehabilitation healthcare, province-wide.

## **Patient Story**

### Joe Battaglia

When Joe was only fourteen, the trajectory of his life changed after a car accident left him with serious injuries and a lifetime of hospital admissions, treatments, and surgeries.

From body casts to hip and shoulder replacements, debridement, and back and neck fusions, he has seen no shortage of doctors – and no shortage of visits to the Glenrose.

Over the years, Joe was admitted to the Glenrose four times, each stay marking another chapter in his recovery. From his time on the spinal cord injury unit to his most recent stay following a complex hip disarticulation surgery that required the removal of his entire left leg through the hip joint, Joe has witnessed the steady advancements in rehabilitation technology and therapies.





Serena Third (physiotherapist), Joe Battaglia, and Petra Hoosein (orthotist) at the 2024 Courage Awards.





Despite challenges that to many might have seemed insurmountable, Joe continues to defy expectations, most recently finding his way back onto his sailboat.

In recognition of his grit and determination, Joe was awarded the 2024 Courage Award. His journey a reminder that every advancement in rehabilitation opens new doors, helping patients not only regain independence but discover new possibilities.

# Research and Innovation

### Students Bring Bright New Ideas

At the Glenrose, research and innovation are embedded into every stage of care. From early ideas to real-world adoption, students play a vital role – contributing technical expertise, creativity, and a fresh perspective that helps transform ideas into solutions for patients and clinicians.

Each year, the research and innovation team welcomes students from leading institutions across Canada. With backgrounds spanning mechanical, electrical, and oftentimes, biomedical engineering, they gain unique hands-on experience while advancing projects that directly impact rehabilitation care.

This year, students Chelsea, Brian, and Sophia, dedicated their placements to collaborations with local health-tech companies Karma Medical and ArmLock, helping refine their technologies.



Glenrose research and innovation students, alongside team members Kayla St Pierre, Dr. Andrew Chan, Tod Vandenberg, and Doug Hill.

### A New Way to Treat Tennis Elbow

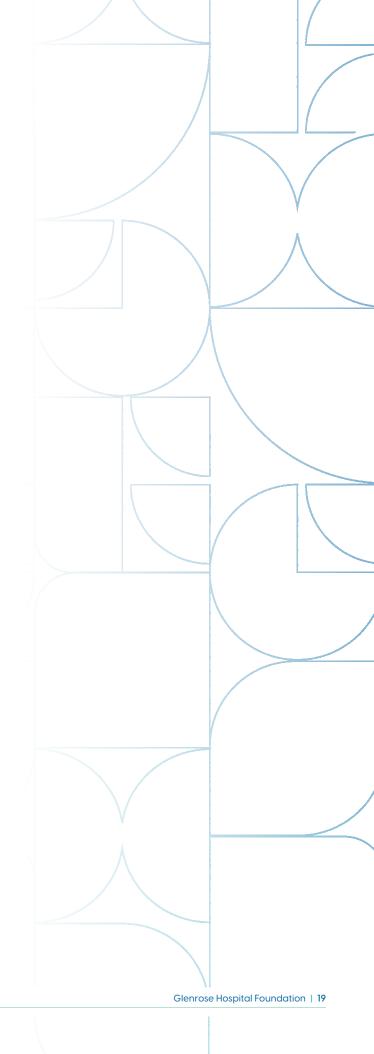
**The ArmLock Brace** provides a controlled, gentle stretch that relieves muscle pain associated with tennis elbow. Developed by Edmonton physiotherapist Mark Laurensse, the device holds the arm in a therapeutic position, making the prescribed stretch easier and more accessible for patients at home.

Sophia, a fifth-year biomedical engineering undergrad at the University of Alberta, worked with Laurensse to help refine the design. Her improvements – including changing from a glove to a mitten style and creating a more open, size-inclusive sleeve – have streamlined manufacturing and made the brace easier and more comfortable to wear, broadening its accessibility for patients.

### Advancing Upper Extremity Rehabilitation

**Karma Medical**, an Edmonton-based design and manufacturing company, works with health partners to design practical solutions to existing healthcare challenges. Its device, the FEPSim, supports wrist and hand rehabilitation through more than 5O exercises with adaptable accessories such as lids and door knobs to simulate daily activities and train both fine and gross motor control.

As part of their placements, Chelsea, a first-year biomedical engineering student from the University of Waterloo, and Brian, a third-year student in the University of Alberta's biomedical engineering program, focused on improving Karma's production efficiency. The work successfully reduced assembly line time by 25% and simplified the device's instructions, ensuring they could be understood by any user regardless of technical background.



# Al and Mobile Technology

# Transforming Wound Care

Chronic wounds can take months to heal and often require repeated clinic visits for monitoring. Wound3, an Alberta-based company, is changing that with an app that uses Al and mobile 3D scanning to track healing from home.

With just a smartphone, patients capture detailed wound images, giving clinicians real-time data to guide treatment. This means fewer hospital visits, greater independence for patients, and faster responses when complications arise – especially valuable for those in rural or remote communities.

For healthcare teams, the app reduces routine measurement time and provides continuous, data-driven insights rather than episodic checkins. "Having faster access to wound data can make a profound difference in a patient's healing journey," says Wound3 Co-Founder and CEO, Connor Povoledo.

Support from the Foundation, with Prairies Economic Development Canada, has been instrumental in validating and advancing this technology, helping bring advanced wound care to patients across Alberta.



A Glenrose clinician uses the Wound3 app.



Having faster access to wound data can make a profound difference in a patient's healing journey.

Connor Povoledo,
 Wound3 Co-Founder and CEO

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# **Advancing Care Through Research**

### **New Research Chair in** Neurorehabilitation

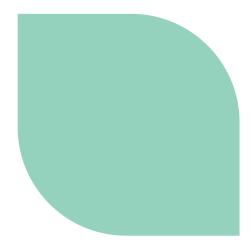
In partnership with the University of Alberta, we announced Alberta's first-ever Research Chair in Neurorehabilitation, held by Dr. Hossein Rouhani, who will focus on advancing brain-computer interface technology optimized for children.

Brain-computer interfaces, or BCIs, are an emerging technology that translates brain signals into commands, allowing individuals to control devices like toys, communication tools, smart home technologies, or even a wheelchair, using only their thoughts.

While BCI research has largely centered around adults, Dr. Rouhani and his team aim to close the gap for children with complex neurological conditions, creating increased opportunities for independence, learning, and play.

Over the next five years, Dr. Rouhani, who is a biomedical engineer and associate professor in the Department of Mechanical Engineering at the University of Alberta, will lead an interdisciplinary team at the University and Glenrose Rehabilitation Hospital, where his research will focus on developing sensor technologies for BCI-controlled power wheelchairs.

The Foundation is proud to be at the forefront of advancements in BCI and other advanced rehabilitative health technologies through investments in research and industry, like this new chair position.





Glenrose patient, Olivia Terry, and her father, Stephen Terry, join the announcement of Alberta's first-ever Research Chair in Neurorehabilitation at the University of Alberta.

# **Impact in Action**



Total Inpatient Admissions

1,921



Total # of Discharges

1,914

Discharges by Age Group

Ages 1–17 = 54

Ages 19-69 = 801

Ages 70-99 = 1,057

Ages 100+ **2** 



Average Length of Stay

36 Days



Total Visits

65,620



Virtual Visits

9,662



**Unique Patients** 

17,755



**Group** Visits

5,234



Virtual Group Visits

1,209

## **Patient Story**

### **Faith Rivard**

Eight-year-old Faith is bright-eyed, quick to laugh, and full of personality – qualities that have carried her through a journey that began far earlier than anyone expected.

The youngest of four children, Faith's story started like many others. For her first several months, she met milestones much like her siblings had. But around six months, things started to change. At nine months old, Faith was referred to the Glenrose where she was diagnosed with cerebral palsy – a motor disability that affects an individual's ability to move and control their muscles.

From that first visit onward, the Glenrose became an integral part of Faith's life.

Early on, she began accessing the hospital's Pediatric Specialized Rehabilitation Outpatient Program (SROP), where she continues to receive physical therapy, occupational therapy, and speech-language services. Her clinicians affectionately describe her as "always changing". As her abilities shift, her care team adapts, ensuring each stage of her development is supported.







Her journey has become one of ongoing evolution.

Through the I CAN Centre for Assistive Technology, Faith has tried a wide range of communication tools – from electronic devices to early prototypes with 3D-printed keyguards. Every time her team found a system that seemed just right, she outgrew it and needed a new approach. Her exploration further expanded when she joined the hospital's Brain-Computer Interface Program, where she used the technology to support movement and play.

Across clinics, technologies, and her own personal growth and development, one theme remains constant: Faith's journey is shaped by change and supported by teams who evolve alongside her.

We were thrilled to have Faith join us as our courageous patient ambassador at the 2024 Courage Gala.

# **Our Finances**

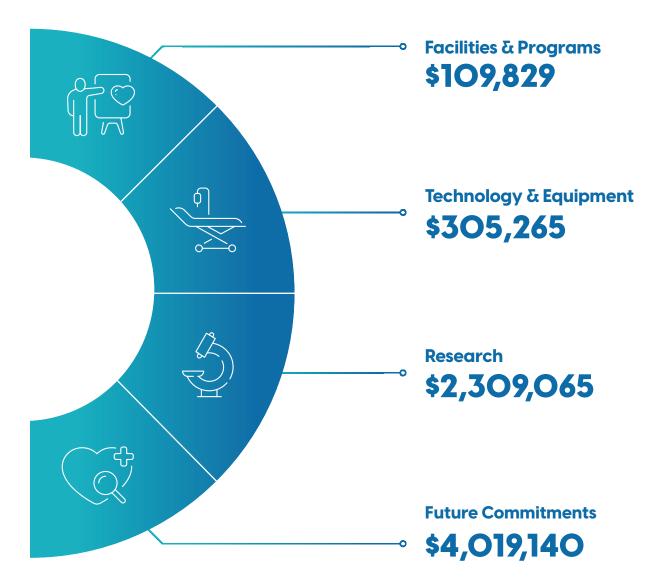
REVENUE	2025	2024
Donations & Fundraising	\$2,458,738	\$2,900,792
Casino & Gaming	\$281,615	\$195,464
Government Grants & Assistance	\$155,515	\$173,843
Investments	\$624,970	\$810,838
Total	\$3,52O,838	\$4,080,937

EXPENSES	2025	2024
Administrative	\$376,052	\$327,812
Fundraising	\$978,218	\$1,109,293
Total	\$1,354,270	\$1,437,105

Revenue Over Expenses Before Distributions	\$2,166,568	\$2,643,832
Distributions to Glenrose Rehabilitation Hospital	\$2,724,159	\$1,988,606
Revenue Over Expenses	(\$557,591)	\$655,226

# Where Do Donations Go?

Community donations directly support our mission of advancing rehabilitative care at the Glenrose by helping fund equipment that will improve patient outcomes, build spaces that aid in the rehabilitation journey, and driving forward research and innovation that will fuel the future of rehabilitative healthcare.



Thanks to you – our valued donors and supporters – Glenrose patients see a future not just where the possibilities are limitless, but also, so very much within their reach.

## **Ways to Give**

The Glenrose Hospital Foundation relies on the generous support of community members like you to help us reimagine human ability for all those in Alberta – and beyond – living with complex communication and mobility conditions.

Make a gift your way today, and contribute to a new era of possibility for Glenrose patients.



- Become a Monthly Donor Make a long-term investment in the future of human ability with a recurring donation.
- Give in Support of Your Care Give a gift in support of the excellence in rehabilitation care you received while at the Glenrose.
- A Gift in Memory of Your Loved One Donate in honour of your loved ones or in commemoration of a special occasion.
- Leave a Gift in Your Will Shape the future for generations to come through a bequest in your Will.
- Become a Member of Our Circle of Courage Join a devoted group of donors with a minimum pledge of \$1,000 or \$83.33 a month.
- **Donate Your Shares** Give the gift of securities to make a tax-smart investment towards the Glenrose.

To learn more about how you can support the Glenrose Hospital Foundation, visit

glenrosefoundation.com

